

VICTORY PHYSICIANS FAMILY MEDICINE

Pain Management Contract

The basic guidelines for obtaining pain management from Dr. Frank Arian at Victory Physicians are outlined below. All patients who are candidates for pain management are required to accept and adhere to these terms. Candidates who decline these terms will be referred to a pain management specialist. Candidates who accept but fail to adhere to these guidelines will be referred to a pain management specialist and in cases of misconduct, will be terminated from the practice. Dr. Arian believes strongly that being up front with his expectations increases the likelihood of a successful therapeutic relationship.

1. Only primary care patients are permitted to contract with Dr. Arian for pain management because Dr. Arian is not a pain management specialist and thus cannot accept other physicians' patients for contract. Exceptions are rare.
2. At the time of contracting and thereafter, any patient with a history or symptoms of mental illness, dementia, memory loss, suicidality, visual impairment, illiteracy, alcoholism or drug abuse must disclose this information to Dr. Arian. Failure to do so initially prevents formation of this contract and failure to do so thereafter terminates this contract.
3. All pain management patients must keep a pain log that includes interval "zero to ten" pain assessments.
4. Receipt of pain log by M.D. is a condition that must be met to receive the next refill.
5. Refills of controlled substances are given to a maximum of one month at a time. If the doctor is actively adjusting the dose, an amount less than one month may be prescribed. Exceptions are rare.
6. If you agree to receive a month supply of pain medicine, no dose adjustment can occur until that interval is complete. If you wish to be adjusted more rapidly, please tell our doctor and it will be at his discretion.
7. There will be no early refills for any reason except at the discretion of our physician in very rare circumstances.
8. Our doctor will not replace lost or stolen pain medicines until your interval is complete and you are due for your next appointment. It is entirely the patients' responsibility to keep their medications safe and secure from loss, children and other risky contacts. Exceptions are rare.
9. You may not share your medicines with anyone. You are not allowed to sell your medicines either. Should we become aware of sharing or selling, your pain contract will be terminated.
10. Patients are never allowed to adjust the dose of their pain meds or take extra or violate the original prescribing directions without seeing Dr. Arian for permission in person. Failure to abide by this will result in termination of this contract and referral to a pain management specialist.
11. If a patient experiences sedation, euphoria, ataxia, confusion, slow heart rate, slow respiratory rate, seizure, clammy skin, weakness, dizziness, light-headedness, fainting, or other side effects, the patient MUST stop the medicine(s) and contact Dr. Arian immediately. If Dr. Arian is not available, you are referred to the ER.
12. Patients are NEVER permitted to drink alcohol on the same day as taking pain medicines.
13. Patients must choose and use only one pharmacy for pain meds.
14. Patients must use the same name with or without initials or abbreviations, every time.
15. Patients must obtain their pain meds only from Dr. Arian at Victory Physicians. The only exception to this that is permitted is the extraordinary case of an ER visit due to our being closed and severe breakthrough pain. Patients will be required to release ER records to us in order to continue contracting for pain management.
16. All patients must be aware that Victory Physicians orders confidential DEA patient activity reports on a regular basis to monitor patient compliance.
17. Patients agree to submit to urine drug screens at Dr. Arian's request and the patients' expense. These screens are ordered at irregular intervals. They are essential because of the well known association between the use of recreational drugs and the potential for addiction.
18. Patients agree to medication and dosage changes as recommended by Dr. Arian in accordance with currently accepted and guiding principles of medical pain management.
19. Patients are aware that any harassment, pressuring, threatening, hostility, anger, blackmail, or extortion is considered misconduct and will result in termination of this contract and from the practice.
20. Patients are never allowed to discuss their case with our physician outside of the clinic environment. Asking for refills, dose changes or discussing problems outside of the clinic environment is completely inappropriate and will be considered misconduct thereby terminating the pain contract and the doctor-patient relationship.
21. Both the patient and the physician reserve the right to terminate this contract at any time.
22. Returning patients MAY NOT EVER fill out pain logs or interval pain assessment while in our office.

I have read, accepted and agree to adhere to the terms listed above. I have been explained the risks, benefits and alternatives to these therapies, have asked any questions that I might have had and all my questions were answered to my satisfaction and I wish to proceed.

Patient Name: _____

Patient Signature:

Date:

M.D. Signature:

Date: